
RELATIONSHIPS AND SEX EDUCATION AND HEALTH EDUCATION (RSHE) POLICY

Person(s) Responsible:	Mrs C Charman
Governors' Committee:	Curriculum Development Committee
Last Review Date:	Autumn 2025
Next Review Date:	Autumn 2026
Status:	Statutory

Vision

For every individual, regardless of ability, to achieve their full potential and contribute positively to society. We prepare our students by developing their awareness of self and of the choices and risks they face with respect to relationships now and in the future. They will have the confidence to make positive choices in their relationships as a result.

Aims

Collingwood College aims to help and support its students through their physical, emotional, and moral development. The Relationships and Sex Education and Health Education (RSHE) element of the Personal, Social, Health and Economic (PSHE) curriculum will be used to help students learn to respect themselves and others, and to move with confidence from childhood through adolescence and into adulthood by:

- Providing a framework in which sensitive discussions can take place
- Preparing students for puberty, and giving them an understanding of sexual development and the importance of health and hygiene
- Helping students develop feelings of self-respect, confidence and empathy
- Creating a positive culture around issues of sexuality and relationships
- Teaching students the correct vocabulary to describe themselves and their bodies

Statutory requirements

As a secondary academy school, we must provide Relationships and Sex Education and Health Education (RSHE) to all students as per section 34 of the Children and Social work act 2017. [Relationships and Sex Education and Health Education Guidance](#).

In teaching RSHE, we are required by our funding agreement to have regard to guidance issued by the Secretary of State as outlined in section 403 of the Education Act 1996.

At Collingwood College we teach RSHE as set out in this policy.

Definition

RSHE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSHE involves a combination of sharing information and exploring issues and values.

RSHE is not about the promotion of sexual activity.

Curriculum

We have developed the curriculum in consultation with parents, students and staff, taking into account the age, needs and feelings of students. If students ask questions outside the scope of this policy, teachers will respond in an appropriate manner and signpost relevant sources of support/guidance.

Delivery of RSHE

RSHE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSHE are taught within the science curriculum, and other aspects are included in Philosophy, Religion and Culture (PRC) and Physical Education (PE).

RSHE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBTQIA parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Parents can request to see PSHE teaching materials used by the College. Requests can be made via email to the PSHE Lead Mrs C Charman tc@collingwood.surrey.sch.uk

Roles and responsibilities

The Governing Board

The Governing Board will hold the Principal to account for the implementation of this policy.

The Governing Board has delegated the approval of this policy to the Curriculum Development Committee.

The Principal

The Principal, in partnership with Year Managers, is responsible for ensuring that RSHE is taught consistently across the school, and for managing requests to withdraw students from non-statutory components of RSHE.

Teaching staff

Teaching staff are responsible for:

- Delivering RSHE in a sensitive way
- Modelling positive attitudes to RSHE
- Monitoring progress
- Responding to the needs of individual students
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSHE

Staff do not have the right to opt out of teaching RSHE. Staff who have concerns about teaching RSHE are encouraged to discuss this with their Year Manager or the Subject Lead PSHE in advance so that support can be provided.

PSHE teachers are responsible for teaching RSHE as part of PSHE lessons at Collingwood College.

Students

Students are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with respect and sensitivity.

Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory components of sex education within RSHE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the College will arrange this.

Requests for withdrawal should be put in writing and addressed to the Principal.

A copy of withdrawal requests will be placed in the pupil's educational record. The Principal will discuss the request with parents and take appropriate action.

Alternative work will be given to students who are withdrawn from sex education.

Training

Staff are trained on the delivery of RSHE as part of their induction and it is included in our continuing professional development calendar.

The subject lead PSHE may also invite visitors from outside the College, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSHE.

Monitoring arrangements

The delivery of RSHE is monitored by the Joint Leadership Team through Learning Walks.

Students' development in RSHE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by subject lead PSHE annually. At every review, the policy will be approved by the Principal and the Curriculum Development Committee.